

# NEW WAYS TO GET *your sexy on*

It seems like there's a new sex trend born every minute, so in the interest of staying on top of things (pun very much intended), we recruited some willing volunteers to road-test the latest ones...

COMPILED BY SARAH RANAWAKE. NAMES HAVE BEEN CHANGED. POSED FOR BY MODELS IN NO WAY ASSOCIATED WITH THIS STORY.

## THE NEW VIBRATOR

AMANDA\* AND HER BOYFRIEND, BEN\*, TRIED OUT THE WE VIBE 3 (WE-VIBETHRILL.COM.AU, \$189.95), A SEX TOY DESIGNED TO BE USED DURING INTERCOURSE TO PROVIDE INTERNAL AND CLITORAL STIMULATION.

"Ben and I have been together for two years. We usually have sex four times a week, and sometimes every day when work isn't too busy. We've never used toys together though, so we thought it would be a bit of fun to try the We Vibe 3.

When the We Vibe 3 arrived in the post, I was really excited to try it straight away. Ben had to work late that afternoon, so I had a sneaky try by myself. It was very easy to use and the clitoral and internal stimulation was perfect. It didn't take long before I was close to orgasm, but I stopped before coming so I could experience it with Ben.

However, the next night we had some relatives staying over and were a little nervous about having sex in our bed, so we decided to improvise and have a play with the We Vibe 3 in the shower. As we were in such a confined area we were unable to have sex with me on top, so we had sex standing up. I generally don't orgasm when Ben's behind me, so we used the We Vibe

to stimulate me in front and put pressure on my G-spot. Initially it was good for me because I had the clitoral stimulation and Ben's penis was putting pressure on the toy, so it was pushing on my G-spot. However, after a while it became a bit of a hindrance: we were so concerned with the placement of the toy that it took away the spontaneity of changing positions and tempos. So we removed it and both orgasmed without it.

Overall, I think it's a well-designed toy that stimulates all the right spots and I can see how it could benefit couples who might be struggling sexually. Although we had fun with it, I don't know if I would use it again during intercourse - maybe more for foreplay or masturbation. For me, having a toy between us that we were constantly aware of somehow lessened the intimacy. That said, if you're yet to have an orgasm during intercourse, perhaps give the We Vibe 3 a try - it might just get you there."

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## THE NEW MESSAGE

KATIE\* TOOK A LESSON IN BONDASSAGE - AN EROTIC MASSAGE TECHNIQUE THAT INCORPORATES BONDAGE. THINK *FIFTY SHADES OF GREY*, MINUS THE SCARY PARTS.

"When I heard about Bondassage, I was immediately intrigued. I was taught the main techniques by Taranga at Sydney's Bliss Rising ([bondassagebliss.com](http://bondassagebliss.com)) - she's one of only a handful of specialists in Australia trained in this massage-meets-bondage practice. As Taranga explained, the *Fifty Shades of Grey* phenomenon has fuelled interest in bondage and dominant/submissive bedroom behaviour, but many people (myself included!) don't want to hang out in a dungeon and endure painful prodding. Cue Bondassage.

After teaching me her most tantalising (and not at all creepy or painful) tips, I went home to try them out on my boyfriend, Adam\*. This is what led me to take the following into the bedroom: a fork, to press lightly on his skin; an electric toothbrush, to buzz along his inner thighs and below his butt cheeks; and a sarong, to drag slowly over his body.

Sensory deprivation is important - blindfolding and putting headphones on your partner heightens the sensitivity of their skin. It also allows for an element of surprise as they never know where you're going to touch them next (or with what!). And if they're comfortable with it, you can even tie them up with a rope or scarf so they're at your mercy.

Having tried it out on my willing boyfriend, I can tell you that Bondassage is definitely a great way to 'warm up'. We were both raring to go afterwards. But it's not something we'd do every week - you do need to be able to set aside a couple of hours so it's not rushed."

## ALSO TRENDING...

### THE NEW SEXTING

We said it before and we'll say it again: sending sexy selfies is a risky business. That's probably the reason why Snapchat is fast becoming the new sexting tool of choice. Although not specifically designed for sexting, this app allows you to send photos and texts that disappear after a few seconds. Clever.

### THE NEW *FIFTY SHADES*

Move over Anastasia Steele, there's a new erotic series in town. The new *Breathless* trilogy by Maya Banks is based around three hot billionaires who "dominate in the boardroom and the bedroom". The first steamy instalment in the series, *Rush*, hits bookstores this month, and the second, *Fever*, is due out in April.

### THE NEW JAMES DEEN

Dubbed by some as 'the Ryan Gosling of porn', James Deen became a bona fide celebrity in 2012. However, the internet sensation now has some, er, stiff competition, in the form of sexy Frenchman Manuel Ferrara, who already has more than 27,000 Twitter followers. We think of him as the Joe Manganiello of porn. □